

FEBRUARY 2026

GECAC NORTH EAST SENIOR CENTER

50 East Main Street, North East, PA 16428 (814) 725-5195

CENTER HOURS

*Tuesday thru Friday
9:00 a.m. to 3:00 p.m.*

*Lunch Served at
12:00 Noon
(\$2.00 Donation/person)*



Daily Lunches

GECAC provides lunches for Seniors 60 and older Tuesday through Friday at our Center. We serve promptly at 12:00 noon on those days. **Meal Donation is \$2.00 per person\ per day. This fee does not apply to special events.** We are asking that you sign up on the sheets near the front entrance **two weeks** in advance. This will help the kitchen staff plan better for our daily numbers. If you sign up and can't attend, please give us a call. Our preference is to have too many meal versus not enough. We order a few extra meals each day to cover for visitors. If you forget to sign up when you are at the Center, just give us a call and we will be glad to add you to the list.

How Do Donations and Fundraised Dollars Help Our Center

Meal Donations help to off-set the cost of meals. On average, the actual cost of the meal is over \$5.00. Meal donations also help maintain or replace equipment. These dollars are v5ital to maintaining the Center and its daily operations. **Booster and Fundraiser Donations** help pay for parties, entertainment, snacks and more. They also help pay for programming like exercise, craft classes, computer usage and more. These dollars are vital to your programming options and enjoyment of the Center. **Donations and Fundraisers** are all voluntary; however please continue to support your Center by whatever means you are able. The Center and their services mean so much to so many and your support goes a long way towards helping your Center continue to offer programming and services



Cooking Class

Please join us on Tuesday, February 10 at 1:00 p.m. Tammy Mason will be making sausage breakfast biscuits and chocolate lava cake. Come learn how to make these in your own kitchen.



Heart Health Speaker

Gina Klofft from the American Heart Association will be here on Thursday, February 26th at 9:45 a.m. to share some valuable information regarding "Heart Health." Please join us and learn about how you can better take care of yourself or your loved one.



GECAC's Inclement Weather Protocol

Remember that during the winter months, if the North East School District has a two hour delay, or, closes for the day; our Center will be Closed. Please Watch TV Stations (12, 24 or 35) to keep informed. Please remember to bring an extra sweater during the winter to help keep you warm in the Center. Also, we would appreciate it, if you would bring an extra pair of shoes, or, slippers and remove your boots at the door. This will help keep our floors dry/safe during the winter months. *Thank you!*



The GECAC North East Senior Center, Operated by Greater Erie Community Action Committee Area Agency on Aging, is funded in part by PA Dept. of Aging: Dr. Ben Wilson GECAC CEO, Ray Maholtz, AAA Division Manager.



REMINDER TO EVERYONE

HANDICAP PARKING

Please leave the handicap parking spots for individuals who truly need them. This includes using the area near the grass next to the benches. We have several consumers that have difficulty walking into the building and may not have a HANDICAP placard for their vehicle, but need to park close to the door. Thank you for your co-operation!



GECAC NORTH EAST SENIOR CENTER FEBRUARY 2026 EVENTS



February Birthday's

- 4 John Piper
- 6 Kim Miseyka
- 7 Jean Langdon
- 7 Jane Royce
- 7 Nancy Shaffer
- 7 Jerry Sulkowski
- 14 Lisa Reynolds
- 20 Stephen LeVan
- 24 Richard Buzzanca
- 24 Julie Pfadt
- 26 Anne Davis
- 28 Kris Thompson

Mon	Tue	Wed	Thu	Fri	Sat
2 	3 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	4 9:30a Yoga Class 10:30a Games 12:00p Lunch	5 10:00a Games 11:00a Tai Chi 12:00p Lunch 1:00p Bingo	6 9:00a Quilters 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	7 9:00 a.m. North East Crazy Quilters
9 	10 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge 1:00p Cooking Class	11 9:30a Yoga Class 10:30a Games 12:00p Lunch	12 10:00a Games 11:00a Tai Chi 12:00p Lunch 12:30p Scrap-booking	13 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	14 9:00 a.m. North East Crazy Quilters
16 	17 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	18 9:30a Exercise Class 10:30a Games 12:00p Lunch	19 10:00a Games 10:30a NURSE 11:00a Tai Chi 12:00p Lunch 1:00p Bingo	20 9:00a Quilters 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	21 9:00 a.m. North East Crazy Quilters
23 	24 10:00a Computer 10:30a Games 12:00p Lunch 12:00p Bridge	25 9:30a Yoga Class 10:30a Games 12:00p Lunch	26 9:45a Heart Health Talk 11:00a Tai Chi 12:00p Lunch 12:30p Scrap-booking	27 9:30a Arthritis Exercise 10:30a Games 12:00p Lunch	28



GECAC NORTH EAST SENIOR CENTER FEBRUARY 2026 MENU



Tue	Wed	Thu	Fri
Sausage Sub w/ peppers and onions Pork 'n' Beans <p style="text-align: right;">3</p>	Ox Roast Sandwich Cole Slaw Vegetables Jell-o <p style="text-align: right;">4</p>	Stuffed Cabbage Mashed Potatoes Vegetables Fruit Cup <p style="text-align: right;">5</p>	Tuna Salad Sandwich Baby Carrots Fruit Cup <p style="text-align: right;">6</p>
Grilled Chicken Breast Hash browns Carrots Fruit Cup <p style="text-align: right;">10</p>	Goulash Salad Pudding <p style="text-align: right;">11</p>	Chicken Fettuccini Vegetables Fruit Cup <p style="text-align: right;">12</p>	Turkey Diced Potatoes Peas Pudding Cup <p style="text-align: right;">13</p>
Pork Roast Scalloped Potatoes Zucchini Fruit Cup <p style="text-align: right;">17</p>	Stuffed Chicken Breast Sweet Potatoes Vegetables Fruit <p style="text-align: right;">18</p>	Cheeseburger Steak Fries Coleslaw Fruit Cup <p style="text-align: right;">19</p>	Chicken Ala King Green Beans Fruit Cup <p style="text-align: right;">20</p>
Oven Fried Chicken Macaroni 'n' Cheese Brussel Sprouts Fruit Cup <p style="text-align: right;">24</p>	Country Fried Steak Mashed Potatoes Broccoli Fruit Cup <p style="text-align: right;">25</p>	Chicken and Noodles Mixed Vegetables Jell-o <p style="text-align: right;">26</p>	Stuffed Pepper Brown Rice Toss Salad Ice Cream <p style="text-align: right;">27</p>